



The Visitation by He Qi

CONGREGATIONAL CHURCH OF LA JOLLA

DECEMBER 20, 2020
HOME WORSHIP GUIDE 41



CONGREGATIONAL CHURCH of *La Jolla*



WELCOME TO WEEK 41 OF THE CONGREGATIONAL CHURCH OF LA JOLLA'S AT HOME WORSHIP EXPERIENCE. PLEASE FOLLOW THE INSTRUCTIONS IN THIS GUIDE AND UTILIZE THE AUDIO LINKS SENT TO YOU IN THE ACCOMPANYING EMAIL TO ASSIST IN YOUR WORSHIP EXPERIENCE. PLEASE PROVIDE US WITH FEEDBACK IF YOU HAVE ANY QUESTIONS OR CONCERNS. YOU CAN REACH US AT PASTOR@LAJOLLAUCC.ORG. THIS IS CHURCH. THIS IS HOLY. THIS IS HOW WE RESPOND TO THE CHALLENGES OF OUR DAY.

THIS WILL BE VERY MUCH UNLIKE WHAT YOU ARE USED TO IN CHURCH. THAT IS ON PURPOSE. THIS IS SOMETHING NEW AND BECAUSE OF THAT WE'VE TAKEN LIBERTIES TO PROVIDE YOU WITH SOMETHING TOTALLY DIFFERENT. ENJOY MUSICAL SELECTIONS YOU MIGHT NOT HAVE HEARD AT CHURCH BEFORE AND A MESSAGE UNLIKE THAT WHICH IS DELIVERED FROM THE PULPIT. CONSIDER IT AN ADVENTURE. YES, YOU ARE MAKING HISTORY TODAY.

PLEASE FIND A COMFORTABLE AND COMFORTING PLACE IN YOUR HOME OR SOMEWHERE ELSE YOU FEEL SAFE. GET COMFORTABLE, POUR YOURSELF A GLASS OF SOMETHING SOOTHING AND ENJOY THIS EXPERIMENT IN WORSHIP....

WE PREPARE OUR HEARTS AND MINDS FOR WORSHIP

ENJOY NINA'S PIANO SOLO BY CLICKING ON THE AUDIO FILE MARKED **"AUDIO FILE 1"** DURING THIS TIME LEAVE YOUR FEARS, DOUBTS, AND UNCERTAINTIES OUTSIDE THE ROOM AND BE COMPLETELY PRESENT WITH YOURSELF. BREATHE INTENTIONALLY AND FOCUS ON EACH INHALE AND EXHALE



The Visitation Altarpiece by Jaques Daret

FINDING GOD IN VOICE

ENJOY BRONWYN'S SOLO BY CLICKING ON THE
AUDIO FILE MARKED **"AUDIO FILE 2"** IN THE
EMAIL.



The Visitation by Br. Mickey McGrath

WE HEAR FROM SACRED SCRIPTURE

Luke 1: 26-38 The Message (Bible in Contemporary Language)

In the sixth month of Elizabeth's pregnancy, God sent the angel Gabriel to the Galilean village of Nazareth to a virgin engaged to be married to a man descended from David. His name was Joseph, and the virgin's name, Mary. Upon entering, Gabriel greeted her:

Good morning!
You're beautiful with God's beauty,
Beautiful inside and out!
God be with you.

She was thoroughly shaken, wondering what was behind a greeting like that. But the angel assured her, "Mary, you have nothing to fear. God has a surprise for you: You will become pregnant and give birth to a son and call his name Jesus.

He will be great, be called 'Son of the Highest.'
The Lord God will give him the throne of his father David;
He will rule Jacob's house forever—
no end, ever, to his kingdom."

Mary said to the angel, "But how? I've never slept with a man." The angel answered,

The Holy Spirit will come upon you,
the power of the Highest hover over you;
Therefore, the child you bring to birth
will be called Holy, Son of God.

"And did you know that your cousin Elizabeth conceived a son, old as she is? Everyone called her barren, and here she is six months pregnant! Nothing, you see, is impossible with God."

And Mary said,

Yes, I see it all now:
I'm the Lord's maid, ready to serve.
Let it be with me
just as you say.
Then the angel left her.

A MESSAGE TO REFLECT ON...

LISTEN TO REV. TIM'S MESSAGE BY CLICKING ON THE
AUDIO FILE MARKED, **"AUDIO FILE 3"** IN THE EMAIL.



Visitation by Janet McKenzie

THE WORK OF THE CHURCH CONTINUES....

YES, EVEN THOUGH WE AREN'T TOGETHER THE WORK OF THE CHURCH CONTINUES. WE MIGHT NOT BE PASSING A LITERAL OFFERING PLATE BUT WE ARE PASSING A VIRTUAL ONE. YOUR GIFTS AND TITHES ARE WHAT HAVE ALLOWED THIS CHURCH TO SEE THREE DIFFERENT CENTURIES. PLEASE CONSIDER PROVIDING YOUR OFFERING THROUGH THE FOLLOWING LINK:

https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=MHKJLYNRGPDUS&source=url

OR FEEL FREE TO DROP IT IN THE MAIL TO **1216 CAVE ST, LA JOLLA, CA 92037**. YES, WE WILL STILL CHECK THE MAIL!



The Visitation: Elizabeth Aids the Virgin to Dismount by Guercino (Giovanni Francesco Barbieri), 1591-1666

WE PREPARE TO GO OUT INTO AN *UNCERTAIN* WORLD

PLEASE CLICK ON THE AUDIO FILE MARKED **"AUDIO FILE
4"** IN THE EMAIL TO ENJOY NINA'S PIANO SOLO.



The Visitation: Mary and Elizabeth by
Watanabe Sadao

MAY THE GRACE OF
GOD WHICH IS BEYOND
OUR UNDERSTANDING,
THE LOVE OF JESUS
CHRIST WHICH IS
BEYOND OUR
DESERVING, AND THE
POWER
OF THE HOLY SPIRIT BE
WITH EACH OF YOU
BOTH NOW
AND FOREVERMORE.

AMEN

PERFORMANCE NOTES

Nina Gilbert, music director and pianist
Bronwyn Allen-Kaeser, office manager and soprano

Audio File 1: L. Viola Kinney, *Mother's Sacrifice*, 1908

After this piece won second place in the Inter-State Literary Society Original Music Contest (Omaha, 1908), it was published by the Twentieth Century Commercial Society of Western University (Quindaro, Kansas) while Kinney (1890-1945) was still a student there. Western University was a historically Black university whose music department graduated several successful pioneering Black musicians.

Kinney spent her life in Sedalia, Missouri, teaching English and Music in a segregated high school.

Two mysteries about *Mother's Sacrifice*: we don't know why it's called that (though we've selected it this week to honor Mary), and it is Kinney's only extant work, though she registered copyrights for two other pieces, one called *Show Me* (lyrics by Fredericka Douglass Perry, 1941—granddaughter of Frederick Douglass!) and one called *Time Out for Love* (1943).

Audio File 2: O Come, O Come, Emmanuel

Words translated from pre-9th-century Latin; music adapted (1852) from medieval plainsong by Thomas Helmore, a British choirmaster and son of a congregationalist minister.

Audio File 4: Pyotr Ilyich Tchaikovsky, March, from the *Nutcracker* suite, Op. 71a

Second movement from Tchaikovsky (1840-1893)'s own piano transcription of his beloved Christmas-themed classic.



AMEN

JOIN US SUNDAY MORNINGS AT 10:30 AM AT 1216 CAVE ST, LA JOLLA,
CA 92037 ON ALL SUNDAYS WHEN WE ARE NOT STAYING AWAY DUE TO
COVID-19!

NO MATTER WHO YOU ARE OR WHERE YOU ARE ON LIFE'S JOURNEY, YOU
ARE WELCOME HERE.

CCLJ CHRISTMAS EVE SERVICE!



**JOIN US ON CHRISTMAS
EVE AT 8 PM AS WE HEAR
THE SACRED STORY
TOGETHER OVER ZOOM.
THIS WILL BE A CASUAL
OPPORTUNITY TO
GATHER WITH FELLOW
CCLJ MEMBERS AND
FRIENDS TO CELEBRATE
THE BIRTH OF CHRIST.**

**8 PM PACIFIC TIME
DECEMBER 24TH**

**PLEASE JOIN US FROM YOUR OWN HOMES NO MATTER
WHAT TIME ZONE YOU ARE IN!**

ZOOM LINK:

[https://zoom.us/j/99097655504?
pwd=cDN0Y1JGZUg3dzRXcEVEUVdqd29LQT09](https://zoom.us/j/99097655504?pwd=cDN0Y1JGZUg3dzRXcEVEUVdqd29LQT09)

PASSWORD CODE: 185444

STEWARDSHIP 2020

CURRENT PLEDGE TOTAL FOR 2021:
\$37,530.00

Representing 13 pledges and the participation of 18 CCLJ members. Please email office@lajollaucc.org to report



Andy Warhol, Roll of Bills, 1962
Collection of MoMA