

# CONGREGATIONAL CHURCH OF LA JOLLA

JULY 5, 2020  
HOME WORSHIP GUIDE 17  
FIFTH WEEK OF ORDINARY TIME



Paul Wonner, San Francisco



# CONGREGATIONAL CHURCH of *La Jolla*



WELCOME TO WEEK SEVENTEEN OF THE CONGREGATIONAL CHURCH OF LA JOLLA'S AT HOME WORSHIP EXPERIENCE. PLEASE FOLLOW THE INSTRUCTIONS IN THIS GUIDE AND UTILIZE THE AUDIO LINKS SENT TO YOU IN THE ACCOMPANYING EMAIL TO ASSIST IN YOUR WORSHIP EXPERIENCE. PLEASE PROVIDE US WITH FEEDBACK IF YOU HAVE ANY QUESTIONS OR CONCERNS. YOU CAN REACH US AT [PASTOR@LAJOLLAUCC.ORG](mailto:pastor@lajollaucc.org). THIS IS CHURCH. THIS IS HOLY. THIS IS HOW WE RESPOND TO THE CHALLENGES OF OUR DAY.

THIS WILL BE VERY MUCH UNLIKE WHAT YOU ARE USED TO IN CHURCH. THAT IS ON PURPOSE. THIS IS SOMETHING NEW AND BECAUSE OF THAT WE'VE TAKEN LIBERTIES TO PROVIDE YOU WITH SOMETHING TOTALLY DIFFERENT. ENJOY MUSICAL SELECTIONS YOU MIGHT NOT HAVE HEARD AT CHURCH BEFORE AND A MESSAGE UNLIKE THAT WHICH IS DELIVERED FROM THE PULPIT. CONSIDER IT AN ADVENTURE. YES, YOU ARE MAKING HISTORY TODAY.

PLEASE FIND A COMFORTABLE AND COMFORTING PLACE IN YOUR HOME OR SOMEWHERE ELSE YOU FEEL SAFE. GET COMFORTABLE, POUR YOURSELF A GLASS OF SOMETHING SOOTHING AND ENJOY THIS EXPERIMENT IN WORSHIP....

# LET US QUIET OUR HEARTS & MINDS

ENJOY NINA'S PIANO SOLO BY CLICKING THE AUDIO FILE MARKED  
"AUDIO FILE 1" IN THE EMAIL. DURING THIS TIME LEAVE YOUR FEARS,  
DOUBTS, AND UNCERTAINTIES OUTSIDE THE ROOM AND BE  
COMPLETELY PRESENT WITH YOURSELF. BREATHE INTENTIONALLY AND  
FOCUS ON EACH INHALE AND EXHALE



Paul Wonner, The Newspaper

# FINDING GOD IN VOICE

ENJOY RICK'S SOLO BY CLICKING ON THE AUDIO  
FILE MARKED "AUDIO FILE 2" IN THE EMAIL.



Paul Wonner, In a Park

# WE HEAR FROM SCRIPTURE...

## **Matthew 11:16-19, 25-30**

"But to what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, 'We played the flute for you, and you did not dance; we wailed, and you did not mourn.' For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds." At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

# A MESSAGE TO REFLECT ON

PLEASE ENJOY REV. TIM'S MESSAGE TO YOU BY  
CLICKING ON "AUDIO FILE 3" IN THE EMAIL



Paul Wonner, Untitled

# THE WORK OF THE CHURCH CONTINUES....

YES, EVEN THOUGH WE AREN'T TOGETHER THE WORK OF THE CHURCH CONTINUES. WE MIGHT NOT BE PASSING A LITERAL OFFERING PLATE BUT WE ARE PASSING A VIRTUAL ONE. YOUR GIFTS AND TITHES ARE WHAT HAVE ALLOWED THIS CHURCH TO SEE THREE DIFFERENT CENTURIES. PLEASE CONSIDER PROVIDING YOUR OFFERING THROUGH THE FOLLOWING LINK:

[https://www.paypal.com/cgi-bin/webscr?cmd=\\_s-xclick&hosted\\_button\\_id=MHKJLYNRGPDUS&source=url](https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=MHKJLYNRGPDUS&source=url)

OR FEEL FREE TO DROP IT IN THE MAIL TO **1216 CAVE ST, LA JOLLA, CA 92037**. YES, WE WILL STILL CHECK THE MAIL!



Paul Wonner, In A Park

# WE PREPARE TO GO OUT INTO AN *UNCERTAIN* WORLD

PLEASE CLICK ON THE AUDIO FILE MARKED "AUDIO FILE 4"  
IN THE EMAIL AND ENJOY NINA'S PIANO SOLO.



Paul Wonner, Untitled



NOW MAY THE GRACE OF  
**GOD** WHICH IS BEYOND OUR  
UNDERSTANDING, THE LOVE OF  
**JESUS CHRIST**  
WHICH IS BEYOND OUR  
DESERVING, AND THE POWER  
OF THE **HOLY SPIRIT**  
BE WITH EACH OF YOU BOTH  
NOW AND FOREVERMORE.

**AMEN**

# PERFORMANCE NOTES

Three works by composers with San Francisco connections.

**Audio File 1: Henry Cowell, “Exultation,” 1921**

Cowell was a major leader in American avant-garde composition, also involved in sharing music from Latin America and Asia. Born in Menlo Park, educated at Berkeley, he traveled the world and eventually moved to New York. “Exultation” uses the trademark Cowell technique of playing extended tone clusters by using the forearms on the piano keyboard.

**Audio File 2: George Cory and Douglass Cross, “I Left My Heart in San Francisco,” 1953**

Written as an encore for opera singer Claramae Turner, but not recorded until Tony Bennett sang it in 1962. Cory and Cross had served together in World War II and collaborated on songs for servicemen. By 1953 they had moved from San Francisco to New York.

Sung for us by Rick Hernandez-Gist, tenor, with a karaoke back-up track

**Audio File 4: Vince Guaraldi, “Linus and Lucy,” 1964**

Born in San Francisco and educated at San Francisco State University, Guaraldi was a jazz pianist and composer. His music for “A Charlie Brown Christmas” and other Peanuts cartoons has been covered by such artists as Dave Brubeck, Wynton Marsalis, George Winston, and Sarah McLachlan.

OUR CALIFORNIA SUMMER ROAD TRIP  
CONTINUES...

JOIN US NEXT WEEK AS WE JOURNEY FROM SAN  
FRANCISCO TO LOS ANGELES WE WILL CONTINUE  
TO WORK OUR WAY THROUGH CALIFORNIA



Paul Wonner, View from Russian Hill in  
San Francisco, CA

# SOME OF OUR BEST ROAD TRIPS PHOTOS



A favorite photo from a John and Mary Benbow road trip. John says, "I'm lucky it was a rental car."



Sigrid, Bill, and Jacob Nicholas share with us two of their favorite images from their Northern California road trip, including the Golden Gate Bridge, pictured on the next page.





Mindy Miller sends us this beautiful photo of the Snoqualmie Falls outside of Seattle taken during a road trip in July of last year.

Mindy says this of her trip:

*Every year, except for this year, we drive from San Diego to either Portland or Seattle, then take the train from there to Vancouver. We spend a month in Vancouver and Alaska before the train trip and car ride back to San Diego.*

*Last year as we were driving back home, a large truck overturned on the 5 at Mt Shasta pass just past the Oregon border, blocking traffic lanes in both directions. We sat for hours on the road waiting for the 5 to reopen. At twilight, we were directed to an exit ramp and rerouted along two lane mountain roads to reconnect to the 5. At the crossroad to get back onto the 5 a policeman blocked the road because a forest fire was out of control. He told us to continue along the road we were on. By this time it was dark, we had lost connection to cell phone service, and the smell of smoke was very strong. It was scary. Finally, we got to the crossroad that led back to the 5 and safely resumed our trip. Lesson learned on this road trip: never take a detour at night in an unfamiliar area!*



Mike Seery poses for a quick photo in Glacier National Park in Montana from this 2013 road trip.

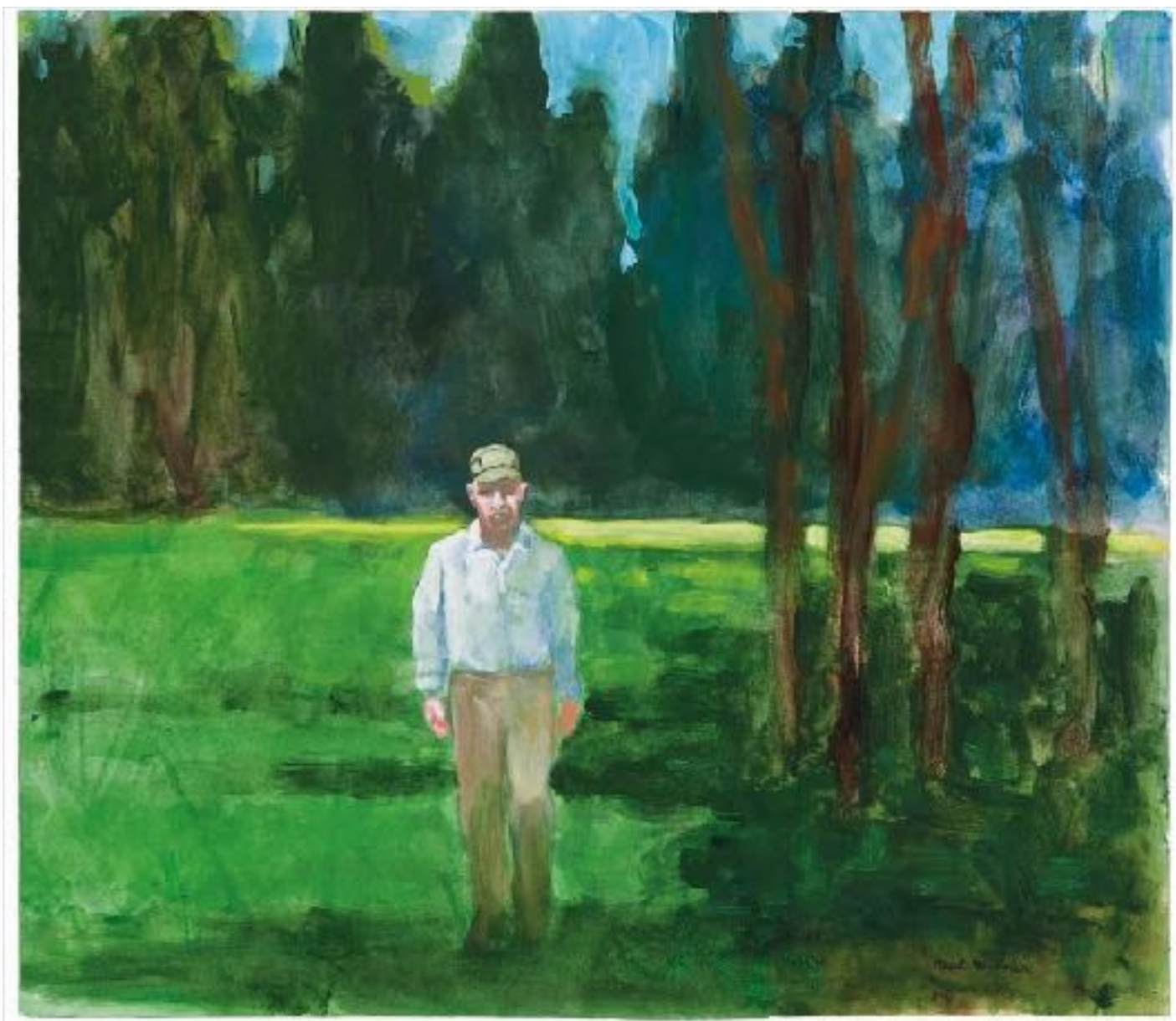




Paul Wonner, Living Room at I's



Paul Wonner painting in a San Francisco art gallery



Paul Wonner, In a Park



# AMEN

JOIN US SUNDAY MORNINGS AT 10:30 AM AT 1216 CAVE ST, LA JOLLA,  
CA 92037 ON ALL SUNDAYS WHEN WE ARE NOT STAYING AWAY DUE TO  
COVID-19!

NO MATTER WHO YOU ARE OR WHERE YOU ARE ON LIFE'S JOURNEY, YOU  
ARE WELCOME HERE.

**HAPPY HOUR INSTRUCTIONS!**  
**TODAY SUNDAY, JULY 5, 2020**  
**4:30 PM**



Paul Wonner, Dutch Still Life

ZOOM LINK: [https://zoom.us/j/94882741180?](https://zoom.us/j/94882741180?pwd=bTYxNysxRzBrUndBMzhORTliWDF6UT09)  
[pwd=bTYxNysxRzBrUndBMzhORTliWDF6UT09](https://zoom.us/j/94882741180?pwd=bTYxNysxRzBrUndBMzhORTliWDF6UT09)  
PASSWORD: 013777

IF JOINING BY PHONE DIAL: 1 669 900 6833  
WHEN PROMPTED ENTER MEETING ID: 948 8274 1180  
THEN WHEN PROMPTED ENTER PASSWORD: 013777