

CONGREGATIONAL CHURCH OF LA JOLLA

APRIL 26, 2020
HOME WORSHIP GUIDE VII
SEASON OF EASTER III

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Untitled by Elaine de Kooning



CONGREGATIONAL CHURCH of *La Jolla*



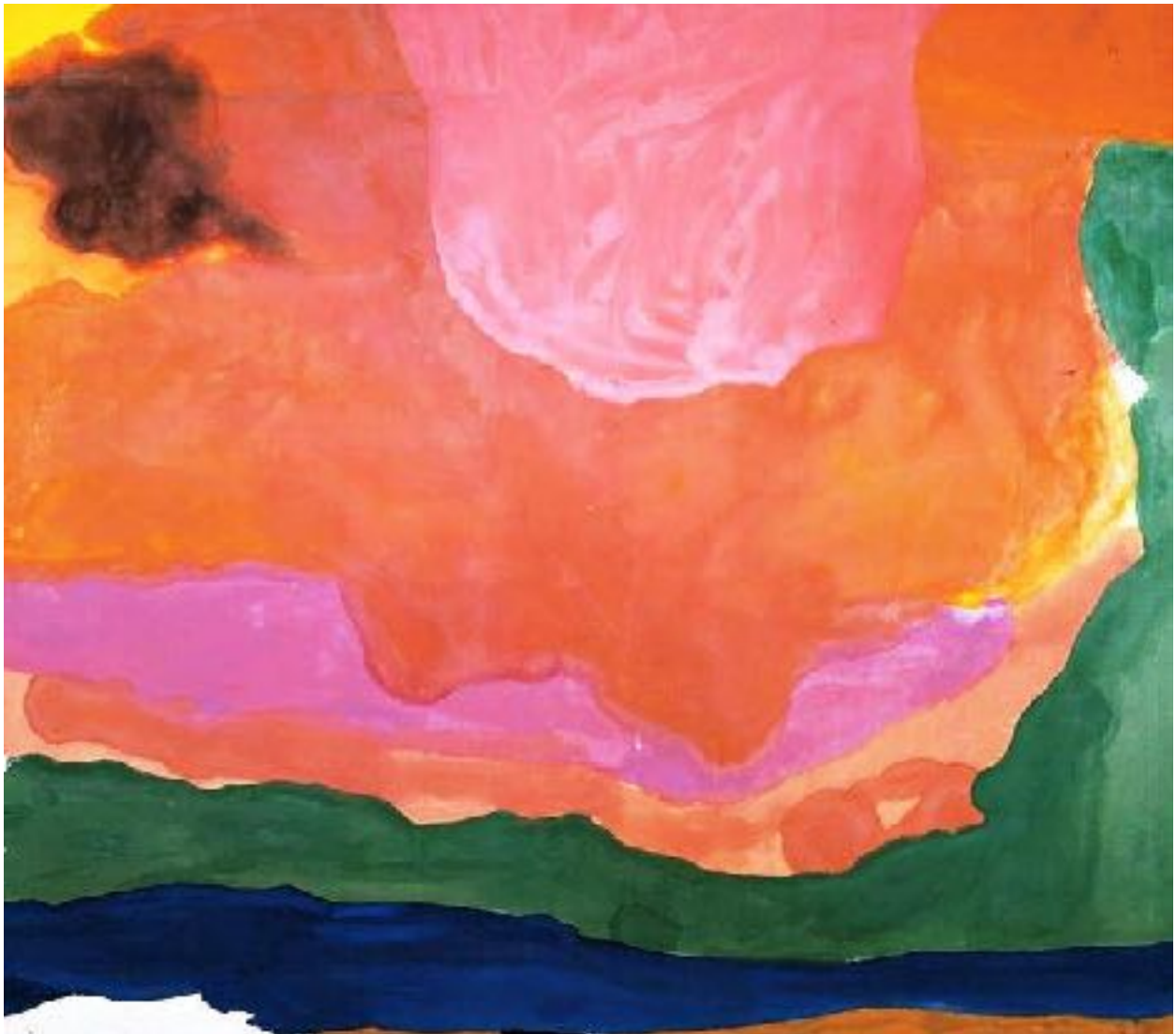
WELCOME TO WEEK SEVEN OF THE CONGREGATIONAL CHURCH OF LA JOLLA'S AT HOME WORSHIP EXPERIENCE. PLEASE FOLLOW THE INSTRUCTIONS IN THIS GUIDE AND UTILIZE THE AUDIO LINKS SENT TO YOU IN THE ACCOMPANYING EMAIL TO ASSIST IN YOUR WORSHIP EXPERIENCE. PLEASE PROVIDE US WITH FEEDBACK IF YOU HAVE ANY QUESTIONS OR CONCERNS. YOU CAN REACH US AT [PASTOR@LAJOLLAUCC.ORG](mailto:pastor@lajollaucc.org). THIS IS CHURCH. THIS IS HOLY. THIS IS HOW WE RESPOND TO THE CHALLENGES OF OUR DAY.

THIS WILL BE VERY MUCH UNLIKE WHAT YOU ARE USED TO IN CHURCH. THAT IS ON PURPOSE. THIS IS SOMETHING NEW AND BECAUSE OF THAT WE'VE TAKEN LIBERTIES TO PROVIDE YOU WITH SOMETHING TOTALLY DIFFERENT. ENJOY MUSICAL SELECTIONS YOU MIGHT NOT HAVE HEARD AT CHURCH BEFORE AND A MESSAGE UNLIKE THAT WHICH IS DELIVERED FROM THE PULPIT. CONSIDER IT AN ADVENTURE. YES, YOU ARE MAKING HISTORY TODAY.

PLEASE FIND A COMFORTABLE AND COMFORTING PLACE IN YOUR HOME OR SOMEWHERE ELSE YOU FEEL SAFE. GET COMFORTABLE, POUR YOURSELF A GLASS OF SOMETHING SOOTHING AND ENJOY THIS EXPERIMENT IN WORSHIP....

LET US QUIET OUR HEARTS & MINDS

ENJOY NINA'S PIANO SOLO BY CLICKING THE AUDIO FILE MARKED "AUDIO FILE 1" IN THE EMAIL. DURING THIS TIME LEAVE YOUR FEARS, DOUBTS, AND UNCERTAINTIES OUTSIDE THE ROOM AND BE COMPLETELY PRESENT WITH YOURSELF. BREATHE INTENTIONALLY AND FOCUS ON EACH INHALE AND EXHALE.



Untitled by Helen Frankenthaler

INTERNET FIELD TRIP

THIS WEEK'S WORSHIP PACKET LIFTS UP FEMALE ARTISTS AND COMPOSERS. THE MAJORITY OF THE COMPOSERS AND ARTISTS WE HAVE FEATURED HAVE BEEN MEN. WOMEN IN THE ARTS ARE OFTEN UNDER DISCUSSED AND REPRESENTED. HELEN FRANKENTHALER IS AN ABSTRACT EXPRESSIONIST PAINTER WHO CARVED OUT A SPACE OF HER OWN IN THE 20TH CENTURY ART WORLD. I FIND HER WORK PARTICULARLY SPIRITUAL. ENJOY THIS SHORT BIOGRAPHY PRODUCED BY THE CONNECTICUT WOMEN'S HALL OF FAME.

<https://www.youtube.com/watch?v=jPddPgcqMgg>



Helen Frankenthaler in her
studio.

FINDING GOD IN VOICE

ENJOY BRON'S SOLO BY CLICKING ON THE AUDIO FILE
MARKED "AUDIO FILE 2" IN THE EMAIL.



"Cool Summer" by Helen Frankenthaler

WE HEAR FROM SCRIPTURE....

Luke 24:13-35

Now on that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him. And he said to them, "What are you discussing with each other while you walk along?" They stood still, looking sad. Then one of them, whose name was Cleopas, answered him, "Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?" He asked them, "What things?" They replied, "The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and leaders handed him over to be condemned to death and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. Moreover, some women of our group astounded us. They were at the tomb early this morning, and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him." Then he said to them, "Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! Was it not necessary that the Messiah should suffer these things and then enter into his glory?" Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures.

As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, "Stay with us, because it is almost evening and the day is now nearly over." So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him; and he vanished from their sight. They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?" That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. They were saying, "The Lord has risen indeed, and he has appeared to Simon!" Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

A MESSAGE TO REFLECT ON.....

LISTEN TO REV. TIM'S MESSAGE TO YOU
BY CLICKING ON THE FILE MARKED "AUDIO
FILE 3" IN THE EMAIL.



Helen Frankenthaler and Elaine de Kooning at work.

THE WORK OF THE CHURCH CONTINUES....

YES, EVEN THOUGH WE AREN'T TOGETHER THE WORK OF THE CHURCH CONTINUES. WE MIGHT NOT BE PASSING A LITERAL OFFERING PLATE BUT WE ARE PASSING A VIRTUAL ONE. YOUR GIFTS AND TITHES ARE WHAT HAVE ALLOWED THIS CHURCH TO SEE THREE DIFFERENT CENTURIES. PLEASE CONSIDER PROVIDING YOUR OFFERING THROUGH THE FOLLOWING LINK: https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=MHKJLYNRGPDUS&source=url OR FEEL FREE TO DROP IT IN THE MAIL TO 1216 CAVE ST, LA JOLLA, CA 92037. YES, WE WILL STILL CHECK THE MAIL!



Helen Frankenthaler at work.

WE PREPARE TO GO OUT INTO AN UNCERTAIN WORLD

PLEASE CLICK ON THE AUDIO FILE MARKED "AUDIO FILE 4" IN
THE EMAIL AND ENJOY NINA'S PIANO SOLO



"Juarez" by Elaine de Kooning, 1958

NOW MAY THE GRACE OF
GOD WHICH IS BEYOND OUR
UNDERSTANDING, THE LOVE OF
JESUS CHRIST
WHICH IS BEYOND OUR
DESERVING, AND THE POWER
OF THE **HOLY SPIRIT**
BE WITH EACH OF YOU BOTH
NOW AND FOREVERMORE.

AMEN

PERFORMANCE NOTES

In the “action painting” spirit of abstract expressionism (though a few decades earlier), our two piano solos emphasize the action involved in playing: a prelude for the left hand, and a ragtime piece with a characteristic stride bass.

1. Marion Bauer, *Prelude in D for the Left Hand*, Op. 15, No. 1 (1922). I’d heard about Marion Bauer because she taught my undergraduate adviser—Milton Babbitt—but this is my first encounter with her music. Bauer was an important composer, educator, and historian, whose path overlapped with many important twentieth-century musical figures. She taught Nadia Boulanger to speak English, and collaborated with Ruth Crawford Seeger, Amy Beach, Aaron Copland, and Leopold Stokowski.

2. Albert Hay Malotte, *The Lord’s Prayer* (1935). This is the audio from the farewell video we made for Jackie Ritz in September 2018! If you’d like to see that whole video, it’s here: https://youtu.be/zNMOKvJbP_I While *The Lord’s Prayer* is by far Malotte’s best-known composition, his career also included dozens of other songs, unpublished musicals, and film scores, including Disney’s “*Ferdinand the Bull*” and “*The Ugly Duckling*.”

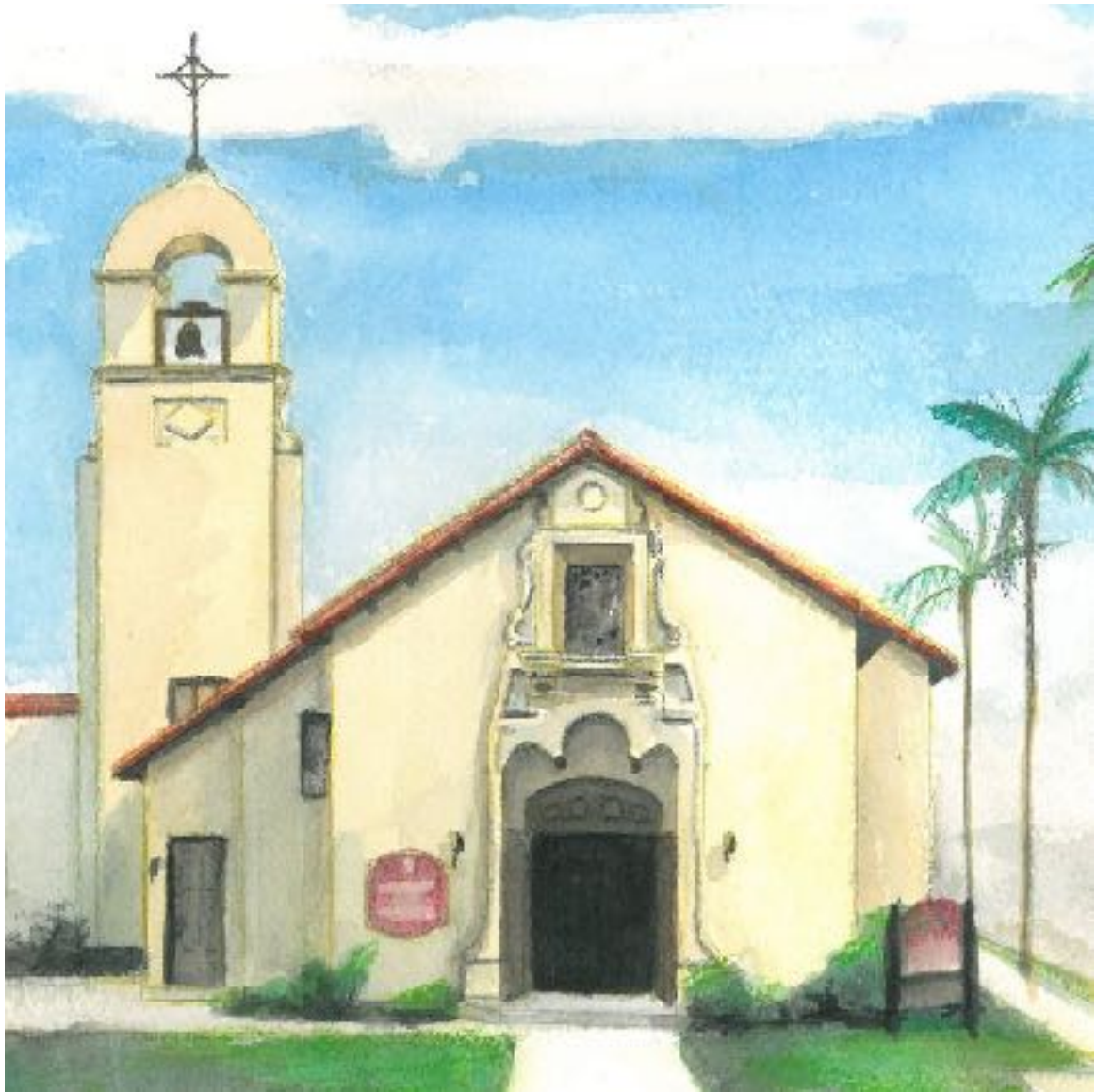
4. Imogene “Daisy” Rupert Giles, “*Red Peppers*” (1907). A music teacher and silent-movie pianist, Imogene Giles seems to have only two published works—this ragtime two-step, and a 1905 march called “*Pensacola*” under the pseudonym Rupert Giles.

YOU [USUALLY] SIT UP WHEN YOU
PAINT A PICTURE AND IT'S FACING
YOU CLOSELY. **NO!** YOU [SHOULD
BE] WALTZING ALL AROUND IT, AND
IT'S ON THE FLOOR. AND MAYBE
YOU MAKE A MESS AND YOU
THROW IT OUT AND IT'S NOT
PRECIOUS GOODS,

YOU'RE PRECIOUS
GOODS.

—HELEN FRANKENTHALER





AMEN

JOIN US SUNDAY MORNINGS AT 10:30 AM AT 1216 CAVE ST, LA JOLLA, CA 92037 ON ALL SUNDAYS WHEN WE ARE NOT STAYING AWAY DUE TO COVID-19!

NO MATTER WHO YOU ARE OR WHERE YOU ARE ON LIFE'S JOURNEY, YOU ARE WELCOME HERE.

FELLOWSHIP TIME!

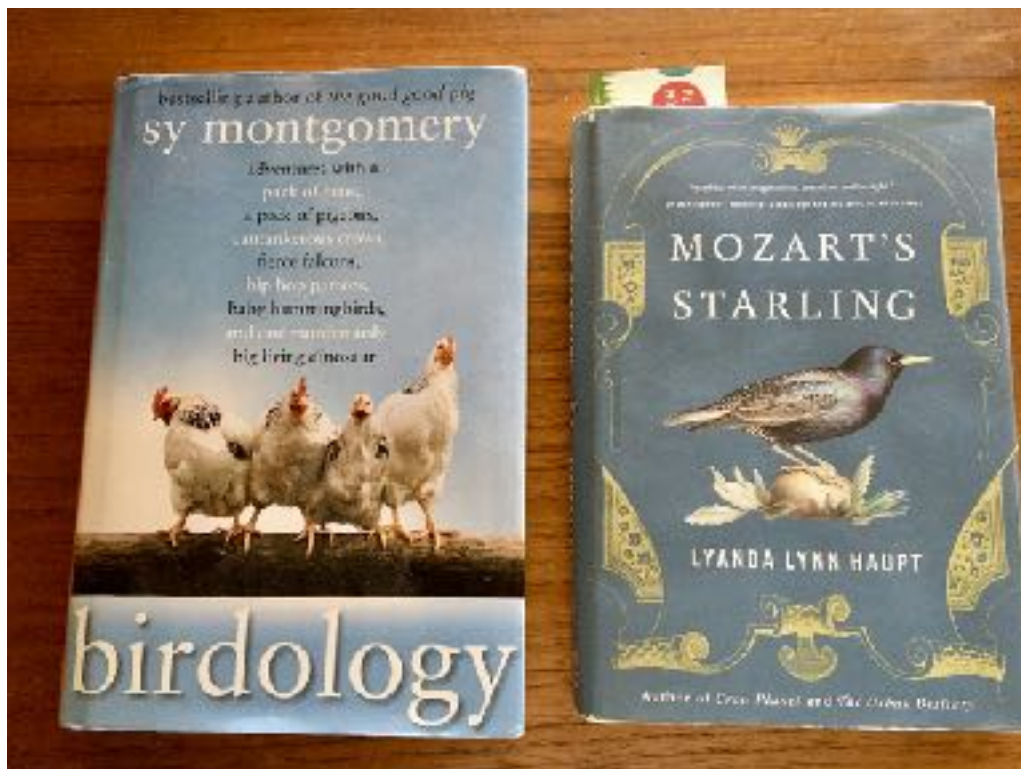
BRING YOUR OWN COOKIES!



Peggy shares with us these stones in her garden, a place she comes to for reflection and prayer.



Suzan Seery enjoys organizing her drawers of fabric in her sewing room.



Clare Liebhardt shares with us the two bird books she is working through.

A QUARANTINE RECIPE FROM NINA: LAZY BAKING-POWDER ROLLS

My goal was to find something that felt like bread, but was quick and super-easy, didn't require yeast, and could be made in small batches in my countertop convection/toaster-oven and then frozen. I've adapted this recipe from these "No Yeast Dinner Rolls": <https://www.giverecipe.com/no-yeast-quick-dinner-rolls/>

INGREDIENTS to make about 16 rolls
1 cups plain yogurt (mine is nonfat, but that's not necessary)
½ cup olive oil or another oil (strong flavor is good)
2½ teaspoons baking powder
1 teaspoon salt



2½ to 3 cups of flour (I use whole wheat)
Optional: if you have cornmeal or something similar (bran? oatmeal?) that you'd like to substitute for about ¼ cup of the flour, you can do that. And if you want your rolls to be shiny, you could paint them with a beaten egg yolk.

INSTRUCTIONS

Preheat oven to 375°. Line a baking sheet (or the tray from your toaster oven) with baking parchment.

Mix yogurt, olive oil, baking powder, and salt. Gradually add 2½ cups of flour, and then work in more flour (play with it with your hands) until it feels like Play-Doh. Unlike biscuits, where you don't want to overmix, you can knead this as much as you'd like.

Break the dough into golf-ball-size blobs, and knead a bit more, if you're trying to maximize crust, cut an X into each. Arrange about two inches apart on the parchment-lined tray.

Bake about 20 minutes or until golden.

These freeze well—I thaw them one at a time for 30 seconds in the microwave and make tiny sandwiches. I'm sure you could make the rolls larger too.

Pictured on previous page: one little peanut butter sandwich, and one little radish-sprouts-and-tahini sandwich.



By Helen Frankenthaler

WHAT IS THE CONGREGATION READING?

